



SIVANANDA SARASWATHI
SEVASHRAM

Schemes

Thank you for supporting our work!

You are welcome to be an integral part of our organization by contributing either your personal time or by giving us monetary support. We would love for our well-wishers and like-minded individuals to visit our organization and observe the work we do. We always like to hear your feedback, suggestions etc. In addition, your visit will be a huge source of inspiration to the ashram residents, especially children, because it will definitely infuse confidence in their minds that cannot be described in words.

You can contribute financially towards various schemes mentioned below.

Sponsorships:

Supporting all our residents with Food (annadhanam)

Starting early in the day with sathumaav kanchi (multigrain porridge), every day we provide food with nourishment ensuring healthy growth of our deserted children and fitness of our elders. You can sponsor, cosponsor towards food for all our children, elders, and caretakers (e.g., during any special occasion of yours/loved ones like birthday, wedding day etc) as follows:

Full Day	Rs. 20,000 [\$300]
Breakfast	Rs. 7,000 [\$100]
Lunch	Rs. 9,000 [\$130]
Dinner	Rs. 9,000 [\$130]
Fruits & Snacks	Rs. 6,000 [\$90]

For providing food (annadhanam) to all our children, elders, and caretakers, please click here to first book a date/preferred time of your choice: BuildHope.org/food

Supporting a child with Education (kalvidhanam)

Educating deserted children is one of our topmost priorities. Providing a conducive environment that facilitates high quality education is what we believe makes an impact. You can sponsor towards a child or many children's education & support as follows:

No. of children	Cost per month	Cost per year
1	Rs. 4,000 [\$60]	Rs. 48,000 [\$720]

Please note that these expenses support each child's school (books, notebooks, uniform, pencil/pen, educational kits etc) & other ancillary education support expenses like, stay, food, clothing, sports, library, recreation, counseling & related sessions (arts/crafts/music/yoga etc), homework help resources, spoken English resources, use of technology (Skype classes, computer labs, smart boards, tablets, Internet devices etc), medical aid, incidental etc. Our primary task is to give our children quality education, hygienic and nutritious food, simple but elegant dress, and thus build an atmosphere which is ideal for physical and moral upbringing.

Interested in sponsoring a child or many children for a month or many months or yearly? Please make a donation with the appropriate amount at BuildHope.org/donate and contact us at info@BuildHope.org with your contact & transaction details so we can process your receipts in a timely manner.

Supporting an Elder (anbudhanam)

While we take a nominal amount from pensioners as maintenance fee to support their basic needs, however, we are in need of more support from kind donors & well wishers like you to meet the daily expenses. Also, not all the elders get pension, and many do not have enough or any saving to support them in the fag end of their life. Most spend all their earnings towards their children for their education, marriage, and their upbringing to shape their life. In the end, they are in search of a home for aged without enough money to support themselves in as much as they are left abandoned.

You can sponsor towards an elder or many elders as follows:

No. of elders	Cost per month	Cost per year
1	Rs. 2,000 [\$30]	Rs. 24,000 [\$360]

Please note that these expenses support stay (bedding, room etc), food (including any special needs), hospital/medical care/medicines, housekeeping, gardening, library, counseling, physio, yoga/meditation, special furniture, recreation/entertainment, temple visits, last rites, incidental etc. Couples stay in well-equipped couple cottages with kitchen as well. To learn more about the amenities provided, please [click here](#).

Interested in sponsoring an elderly or many elders for a month or many months or yearly?

Please make a donation with the appropriate amount at BuildHope.org/donate and contact us at info@BuildHope.org with your contact & transaction details so we can process your receipts in a timely manner.

Endowments:

Donors can create one-time endowment donations as follows. Your support in this scheme will lessen our burden to provide food, education, and shelter - apart from medical, co-curricular and extra-curricular activities. The amount will be deposited in Nationalized or (conservative) safe Banks and the yearly interest earned will be spent only for the causes desired by the donor. Every endowment will be documented formally, a copy of which will be sent to the donor at the appropriate time.

Supporting all our residents with Food (annadhanam)

Starting early in the day with sathumaav kanchi (multigrain porridge), every day we provide food with nourishment ensuring healthy growth of our deserted children and fitness of our elders. You can create an endowment towards food (annadhanam) for all our children, elders, and caretakers (i.e., food will be provided every year during any special occasion of yours/loved ones like birthday, wedding day etc) as follows:

Full Day	Rs. 5.0 Lakhs [\$7.0K]
Breakfast	Rs. 2.0 Lakhs [\$3.0K]
Lunch	Rs. 2.5 Lakhs [\$3.5K]
Dinner	Rs. 2.5 Lakhs [\$3.5K]
Fruits & Snacks	Rs. 1.5 Lakhs [\$2.5K]

Please note that upon creating the endowment donation, using the yearly interest earned, on a day/time of your choice (special occasion like birthday wedding day etc), we will provide the food (full day, lunch or dinner etc) accordingly each year and keep you informed on a timely manner. Interested in creating food (annadhanam) endowment for a special day or many special days or yours or your loved ones? Please contact us at info@BuildHope.org with your contact details so we can help you create the endowment.

Supporting a child with Education (kalvidhanam)

Educating deserted children is one of our topmost priorities. Providing a conducive environment that facilitates high quality education is what we believe makes an impact. You can creat an endowment towards a child or many children’s education & support as follows:

No. of children	Endowment donation amount
1	Rs. 12 Lakhs [\$20K]

Please note that upon creating the endowment donation, using the yearly interest earned, every year, we will take care of all the expenses for one of our children and keep you informed on a timely manner. Please note that these expenses support each child’s school (books, notebooks, uniform, pencil/pen, educational kits etc) & other ancillary education support expenses like, stay, food, clothing, sports, library, recreation, counseling & related sessions (arts/crafts/music/yoga etc), homework help resources, spoken English resources, use of technology (Skype classes, computer labs, smart boards, tablets, Internet devices, etc) medical aid, incidental etc. Our primary task is to give our children quality education, hygienic and

nutritious food, simple but elegant dress, and thus build an atmosphere which is ideal for physical and moral upbringing. Interested in creating education (kalvidhanam) endowment for a child or many children? Please contact us at info@BuildHope.org with your contact details so we can help you create the endowment.

Supporting an elder (anbudhanam)

While we take a nominal amount from pensioners as maintenance fee to support their basic needs, however, we are in need of more support from kind donors & well wishers like you to meet the daily expenses. Also, not all the elders get pension, and many do not have enough or any saving to support them in the fag end of their life. Most spend all their earnings towards their children for their education, marriage, and their upbringing to shape their life. In the end, they are in search of a home for aged without enough money to support themselves in as much as they are left abandoned. You can create an endowment towards an elder or many elders as follows:

No. of elders	Endowment donation amount
1	Rs. 6 Lakhs [\$10K]

Please note that upon creating the endowment donation, using the yearly interest earned, every year, we will take care of all the expenses for one of our elders and keep you informed on a timely manner. Please note that these expenses support stay (bedding, room etc), food (including any special needs), hospital/medical care/medicines, housekeeping, gardening, library, counseling, physio, yoga/meditation, special furniture, recreation/entertainment, temple visits, last rites, incidental etc. Couples stay in well-equipped couple cottages with kitchen as well. To learn more about the amenities provided, please [click here](#).

Interested in creating a 'support an elder' (anbudhanam) endowment for supporting an elder or many elders? Please contact us at info@BuildHope.org with your contact details so we can help you create the endowment.

Other Schemes:

You can either sponsor or create an endowment in memory of your loved ones for any or all of the following avenues as well:

1. Specific annual rewards to encourage our kids to come out in flying colors in school.
2. Deepavali, Pongal, Christmas, Ramadan and other festivities.
3. Higher studies for students (including but not limited to Medical, Engineering, I.T.I etc.) who look upon to get specific financial help.
4. Donation towards PCs, tablets, laptops, smart boards, school labs etc.

Cost details for the above schemes will be provided upon request at info@BuildHope.org or please write to us at:

Sivananda Saraswathi Sevashram,

BuildHope.org/donate

Admin office
New no. 4, Old no. 20 Kambar Street,
East Tambaram,
Chennai : 600059,
Tamilnadu, India.

Please note: Donations are exempted from Indian Income Tax under section 80g of IT Act. Our PAN No: AAATS0160K. Any amount donated as general donation will be credited to the corpus account and will be used for the maintenance of our Gurukulam kids and senior citizens. We take conscious efforts to maintain our administrative costs at the lowest level possible. We strive to spend approximately 90% of the money we receive on the specific cause and 10% towards our administrative expenses.

Thank you once again for supporting our work!

Note: While the numbers given throughout this document is optimized for future bank rate fluctuations, exchange rate etc, nonetheless, they are bound to change at any time depending on market and economic conditions.